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Art Journal Workshop (Altered Book Journal Class) on Saturday, October 20, 2018

What you will bring to class:

- . a book or novel or magazine
- . images to collage
- . creative inspiration
- . commitment to relax and have fun

1:00 - 4:00 pm

**Laskay Hall at the King Heritage and Cultural
Centre - 2920 King Road, King City**

Between now and October 20th please find a coffee table book (*), or a novel, or a large brochure or magazine that you'd like to use as your Altered Book Journal. You will bring this item to class with you along with images for collaging.

(*) Pay a visit to a thrift store, second hand store, Value Village .. they have a large selection of old coffee table books and magazines (that you can scour through and look for images to rip out) .. and these are for sale at a very low price. You're finding a journal for yourself and helping the community at the same time

Begin collecting assorted images (pictures), colorful pieces of papers, "word" cut outs, sentences or quotes. These can be collaged in to your painting spread in your Altered Book Journal.

You can find images, words and quotes everywhere they can be in:

- . old book pages
- . painted papers
- . gift wrapping paper scraps
- . postcards
- . junk mail images
- . catalogues
- . brochures
- . magazine photos
- . images from greeting cards
- . newspaper articles
- . old letters that have meaning to you
- . flower/seed packaging packets
- . old photographs

Rip out the images that inspire you and between now and then, take the time to think about and imagine what you might want to do with them ... what story do you want to tell? What emotion would you like to look at? (it can be happy or sad emotions ... there are no rules in journaling!).

Look for "words" or quotations in print also ... if you'd like to include them in your journal page. Cut them out, or print them out on regular printer paper on your printer at home. I will also be supplying pens and black and/or white ink (along with a calligraphy nibs) for writing words on your page if you'd prefer to write the words yourself.

Don't over think just grab what calls your attention. It doesn't have to be a theme.

Start to imagine the colours you might like to use with your collage page... let your mind wander and dream.

I will be providing the following materials for everyone to use the day of class, but if there are materials that you really want to use in your piece, and they are not listed below, please feel free to bring them along with you. I encourage creative exploration and trusting your impulses in this class and that certainly goes for supplies as well.

Materials I will supply for use in class that day

- . gesso (clear, black or opaque white)
- . acrylic paint (lots of colours)
- . graphite stick
- . Neocolours
- . Aquarelle water soluble pencils
- . mark making pencils
- . Oil pastels
- . Black permanent markers (fine)
- . White permanent markers (fine)
- . Indian inks with calligraphy nib pens
- . Styrofoam paint tray
- . brushes
- . glue sticks
- . pattern stencils
- . couple of old novels that you can feel free to rip out a page or two for use in the class
- . hairdryer (we will set up a station that can be used to take your book over to and dry for quicker processing time)
- . wax paper (to use to protect the pages before and after the page you are painting on .. and also to protect your piece done in class until you get it home .. then open it open up and let it air dry).

Materials you may want to have available at home (after the class)

- . Krylon Fine Art Fixative (great for using throughout your piece to help 'set' materials and prevent smudging, smearing.)
- . Krylon Kamar Spray Satin Gloss Varnish (final finish spray)
- . Liquitex Satin Varnish (final brush on material)

Sources for Images (to bring to collage in your class piece)

- . www.morguefile.com
Free stock images and can sign up to receive an email every month with a group of images
- . old calendar covers
- . old books with aged pages
- . atlas books
- . maps
- . labels from canned goods
- . advertising brochures and magazines
- . magazines (library, doctor's and dentist's office, hair salons)
- . Google images

To Gesso or Not To Gesso?? That is the question!

I will bring some of my journal books to class to show the different results obtained with:

- . gesso
- . no gesso
- . gesso on glossy paper
- . gesso on newsprint
- . gesso on cardboard
- . black gesso
- . clear gesso
- . opaque gesso

A quick overview on the question of gesso!

1. what paper are you working with? if your book has very thin, lightweight paper, gesso can help strengthen your pages. same if you are working in an altered book.
2. do you want to work with fluid inks and paint? the more wet you get your paper, the more likely it will buckle. gesso can help this.
3. craft paint can serve the same purpose as gesso for both of these applications.
4. both gesso and craft paint can also add tooth to your paper, especially if it is slick paper.
5. experiment! find what you love. there is no right or wrong way to make a page.

FACEBOOK GROUPS and YOUTUBE:

If you are new to journaling, you might like to take some time before the class to check out a couple of YouTube videos (there are MANY) on journaling (go to YouTube and in their search bar enter ... altered book journal and art journaling), or check out some Face book groups (in search enter altered art journal and art journaling).

A Stand For Art-Journaling

Art Journaling Journey

ONLINE ART CLASSES: (that provides an access in to an active Face book Closed Group)

The Soul Bearers (to learn air dry clay sculpting)

Sacred Arts – Mixed Media Dialogues With The Divine Feminine

The Down Deep – Mining Your Truths On Your Creative Journey

Art Is Magic Community (many artists offering online classes of all sorts)

The Inspired Page